Hospital Student Play Teams

- empowering children and students through play





Miss Claire Matthews 5th Year KCL Medical Student

The Problem

Only 34% felt they'd been

involved in decisions on the ward

Only 12%

felt they'd been involved in decisions in the A&E



The Challenge

The Variety Club Children's Hospital at King's College sees over 40,000 children every year

The Evidence

"Play is an important part of children's growth. It contributes to the development of physically healthy and emotionally stable children. When a child's health is compromised and leads to hospitalization, play is used as both a distraction and recreational tool. It helps the child understand, accept, and deal with the hospitalization. It also contributes to healthy growth and development"

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19. Stratton, G

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> Space in the City. tential: Putting young

> > Children,

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2. Cole-Hamilton, I. Gathering the eviden 3. NPFA (2000) Best P do for children

The Project

SMASHING SATURDAYS :-) 09/12/1992 Medicine 1st year

26/12/1965 Phd CDV research 2nd year

07/07/1991 Child Nursing 2nd year 14/07/1993 Biomed 1st year 08/01/1993 Medicine 1st year

Subject

Sat A 10-12 Chui Yi Lai **Bijel Patel** Charlotte Nyrae Roseanna Hend

Sat A 3-5

Bat @ 10-12

Bat B 3-5



- Saatrya De Silva Maya joharchi Asha Parma Hannah Katili Alice Ewar

Kate Potter Shenaz Bazeer Palel Gechande

Nos Keren Cathy So Amelia Dyer

Zara Zab





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12/10/1967 MSc

22/12/1987 Biomed 3rd year





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Sun 8 10-12 Fatimah Dhorow

Georgis Clark Shanee Hapus Balle Huang

Human Sciences year 2 12/02/1591 Biomed 3rd year 08/02/1595 Medicine 2nd year 18/07/1592 Biomed 2nd year 09/07/1593 Human Sciences year 1



Sarah Finlayson Holly Vince Laura Rowsome Charles Holden Sinthuja Uthayas







SUPER SUNDAYS :-)

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The Idea

A QI project that's ...

• **Good for children** – autonomy, self-esteem, positive role models, energy outlet, distraction, normalisation, fun, enjoyable, promotes development, faster recovery

• **Good for families** – distraction for siblings, shoulder to cry on, chance to have a cup of tea, have time to explain things, someone to talk to, new game ideas...

• **Good for students** – communication, teamwork, work with other health care students from different disciplines, creativity, problem solving, ward exposure, explain things to parents, opportunity to learn from staff if quite and no one to play with ...

• **Good for the hospital** – ID's already sorted, CRB's already sorted, OH already sorted, FREE, positive feedback from parents as they get respite, loved by children nurses happier, continuity of play specialist services out of hours, a generation of more experienced and skilled future staff ...

•Good for the university – more learning opportunities at no extra cost, good publicity...





The Key



Key to success ...

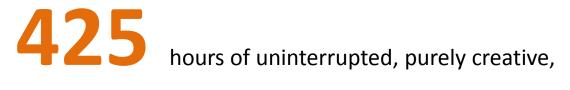
- Emphasis on sustainable benefits Initiative, Innovative and Inexpensive!
- Emphasis on child-led play The choice is theirs; to play or not to play, to go to Mars or build a castle
- Emphasis on a high social return on investment Not just for families but the next generation of healthcare workers



The Result



The Impact



child-led play a month





The Effect

68% increase in patient satisfaction

52% reduction in children's perceived

waiting times in A&E

93% increase in students confidence





The Opportunity















Thank you for listening!



