

Understanding the Patient

Nigel Westwood

Ex Vice-Chairman Crohn's and Colitis UK (NACC)

**Ex Vice-Chairman European Federation of
Crohn's and Ulcerative Colitis Associations (EFCCA)**

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About Me

- Commander Royal Navy (25 years service)
- Inflammatory Bowel Disease (IBD)
- Panproctocolectomy
- Left Royal Navy
- Strangulated parastomal hernia and ruptured Meckel's diverticulum with substantial post-operative infection
 - Wound open for 2 years
- Cannot over-emphasise impact of IBD

A Complex Condition

- What is IBD?
 - Not cancer
 - Can't be cured
 - Cause not understood
- What Now?
 - Changed life style
 - Weight loss
 - Physically drained
 - More difficult in mornings
- Considerable pain
 - Over the counter pain killers don't work
 - Late night TV works – good distraction stuff?



My Treatments

- Every patient is different
- Wanted a cure
- Steroids
- Azathioprine
- Mesalazine
- Enemas
- Avoid Surgery
- Psychological Impact

Access to Information

- Health Professionals
 - ◆ Consultant
 - ◆ General Practitioner
 - ◆ IBD Nurse Specialist
- Crohn's and Colitis UK
- Other People with IBD
- The Internet
- Drug Information Sheets
- Patient Education

Any Questions

My Doctor said "Only 1 glass of alcohol a day". I can live with that.

