

Coaching & Mentoring for Doctors: A practical guide to understanding the benefits of coaching and mentoring within medicine

Wednesday, 27 April 2016

Imperial College, London: Sherfield Building, Seminar & Learning Centre, Room 9, level 5

Facilitator: Alexis Hutson, Coaching Doctors

Time	Event
09:00 – 09:30	Registration opens <ul style="list-style-type: none"> Refreshments on arrival
09:30 – 09:45	Welcome & Introductions <ul style="list-style-type: none"> Aims and objectives of the day
09.45 – 11:00	Understanding the power of coaching and mentoring <ul style="list-style-type: none"> Reviewing what we mean by coaching and mentoring Looking at the practical applications of coaching and mentoring Look at the differences between coaching and mentoring and how these are aligned to specific careers
11.00 – 11:15	Break <ul style="list-style-type: none"> Coffee and Tea
11:15-12:30	Work with a practical guide to review key skills, qualities and standards for coaching and mentoring <ul style="list-style-type: none"> All participants will receive a workbook: “<i>A Practical Guide to Mentoring</i>”
12.30 – 13:30	Lunch & Networking
13:30 – 14:30	Practice enhanced listening skills <ul style="list-style-type: none"> Using Nancy Kline’s Time to Think approach Give you the opportunity to see how the thinking environment works Reflect on how you may introduce the approach in your practice
14:30 – 15:00	Group supervision and support <ul style="list-style-type: none"> Peer to peer supervision
15.00 – 15.15	Break <ul style="list-style-type: none"> Coffee and Tea
15.15 –16.15	Planning for development <ul style="list-style-type: none"> Using the GROW model to identify awareness and understanding of aspirations, current situation and beliefs, possibilities and resources and actions to achieve person and professional goals
16.15 –16.30	Questions and final points <i>Evaluation forms will be given – please kindly fill in</i>
Please note this content and its timings are subject to change	