

---

# FMLM online conference: Realistic Leadership, hosted by FMLM Wales

## Speaker biographies

---

### **Professor Neil Greenberg**

Professor of Defence Mental Health, King's College London and March on Stress

---

Professor Neil Greenberg is a consultant academic, occupational and forensic psychiatrist based at King's College London. Neil served in the United Kingdom Armed Forces for more than 23 years and has deployed, as a psychiatrist and researcher, to a number of hostile environments including Afghanistan and Iraq.

At King's Neil leads on a number of military mental health projects and is a principal investigator within a nationally funded Health Protection Research unit. He is a past chair of the Royal College of Psychiatrists (RCP) Special Interest Group in Occupational Psychiatry and is leading the World Psychiatric Association position statement on mental health in the workplace.

Neil has published more than 300 scientific papers and book chapters and has been the Secretary of the European Society for Traumatic Stress Studies, the President of the UK Psychological Trauma Society and Specialist Advisor to the House of Commons Defence Select Committee.

During the COVID19 pandemic, Neil worked closely with various government organisations and published widely on psychological support for healthcare, and other key workers. As well as running March on Stress Ltd, a psychological health consultancy, Neil also is a trustee with the Society and Faculty of Occupational Medicine and is part of NHS England's expert reference group on staff wellbeing.

@profngreenberg

### **Baroness Eluned Morgan MS**

Minister for Health and Social Services

---

Eluned Morgan was born in 1967 in Ely, Cardiff. She was educated at Glantaf Welsh language comprehensive school. She won a scholarship to the United World College of the Atlantic and gained a degree in European Studies from the University of Hull. She formerly worked as a researcher for S4C, Agenda TV and the BBC.

Eluned's political career started at the age of 27 when she was elected as the youngest Member of the European Parliament in 1994. She was only the fifth woman elected to a full time political

position in the history of Wales, and the first full time politician in Wales to have a baby whilst in office. She represented Wales for the Labour Party from 1994-2009. In this role she became the Labour spokesperson on industry, science and energy and spokesperson for the 200 strong Socialist Group on Budget Control matters. She authored the Green Paper on energy on behalf of the EP and led the Parliament's discussions on the Electricity Directive where she ensured new rights for consumers and demanded that Member States of the EU addressed the issue of fuel poverty.

From late 2009 until July 2013 she worked as the Director of National Business Development in Wales for SSE (SWALEC) one of the UK's largest energy companies. During 2013 -2016, Eluned Morgan served as the Shadow Minister for Wales in the House of Lords, and from 2014-2016 she served as Shadow Minister for Foreign Affairs. She was granted a peerage in 2011 and is formally known as Baroness Morgan of Ely.

Eluned Morgan was elected to the National Assembly in May 2016 as regional member for Mid & West Wales. In November 2017 Eluned was appointed Minister for Welsh Language and Lifelong Learning. On 13 December 2018 she was appointed Minister for International Relations and the Welsh Language. Eluned was appointed Minister for Health and Social Services on 13 May 2021.

## Mr Alun Jones

Chief Executive, Healthcare Inspectorate Wales

---

Alun joined Healthcare Inspectorate Wales in April 2014 and led the organisation as Interim Chief Executive during the Covid-19 pandemic, one of the most challenging periods for healthcare in recent history. Alun was appointed as HIW's permanent Chief Executive in July 2022.

Alun is from Wales and has over 25 years of experience working in audit, inspection and regulation. He has previously worked for the Audit Commission, the Healthcare Commission and the Care Quality Commission (CQC), where he led CQC's contribution to the Mid Staffs Public Inquiry.

Alun intends to continue developing the strong foundations and collaborative style built by HIW over recent years, leading the organisation as it seeks to deliver its goal of influencing standards and driving improvement in the healthcare system.

@HIW\_Wales

## Dr Ricky Frazer

Consultant Medical Oncologist, Velindre Cancer Centre

---

Ricky Frazer is a medical oncology consultant working at Velindre Cancer Centre (VCC) in Cardiff. He specialises in renal cancer, skin cancer and acute oncology and is clinical lead for the acute oncology assessment unit at VCC and the immunotherapy toxicity management service. He is the Infection Prevention and Control Lead at Velindre Cancer Centre and has been working in several local Covid-19 surge hospitals throughout the pandemic.

He was a Welsh Clinical Leadership Training Fellow with the Wales Deanery and is a Founding Associate Fellow of the Faculty of Medical Leadership and Management. He has a strong educational interest and is currently a Royal College of Physicians (RCP) College Tutor and Faculty Lead. He is also an Honorary Lecturer at Cardiff University. He has completed a Masters in medical education and recently was awarded the national Munro Medal by the RCP for excellence and leadership in education.

@RickyFrazer1

## Ms Sara Moseley

Head of GMC Wales, GMC

---

Sara Moseley joined the GMC as Head of GMC Wales in April 2021 having been Director of Mind Cymru and an Executive Director for Mind for nearly six years previously. She has a strong interest in mental health and wellbeing leading Wales Alliance for Mental Health, the Time To Change Wales anti-stigma campaign and the Mental Health Crisis Care Concordat group.

Sara has an expertise in communications, engagement and policy gained through working in the third sector, NHS and Government, and was Director of Communications for Welsh Government over three administrations.

Sara is a fluent Welsh speaker, originally from Aberystwyth, and has two children in higher education, one of whom is profoundly deaf. She is passionately committed to public service and to bringing people together to make things better for those who work in and use services.

@SaraMoseley1

## Mr Henry Stewart

Chief Happiness Officer, Happy

---

Henry Stewart is founder and Chief Happiness Officer of London-based learning provider Happy Ltd. Founded as Happy Computers in his back room in Hackney 30 years ago, it created a reputation for the most enjoyable and involving IT training available. Now called just Happy it was rated one of the top 2 workplaces in the UK in 2022, in the SME section. It now helps other organisations create happy workplaces.

Henry was listed in the Guru Radar of the Thinkers 50 list of the most influential business thinkers in the world. "He is one of the thinkers who we believe will shape the future of business", explained list compiler Stuart Crainer. His book, The Happy Manifesto, was published by Kogan Page in 2013.

Outside of work, Henry lives in Hackney and is married with 3 children. He was, for 15 years, Chair of Governors of his local primary and comprehensive (which his children attend). A keen cyclist, in 2008 and 2010 he completed the Etape, the public stage of the Tour de France. In 2016 he took part in the Haute Route, 7 days through the Alps climbing the equivalent of a third of Everest every day.



@happyhenry