



NICE

GUIDELINES

Who are they?

NICE is the National Institute for Health and Care Excellence. They provide guidance and standards to improve health and social care, helping give everyone fair access to excellent, evidence-based care.

What do they do?

NICE makes evidence-based recommendations on the most effective ways to prevent and manage specific conditions, and improve the health of communities. They also recommend cost effective ways to plan and deliver integrated health and care services that meet the needs of the public and use resources efficiently. Their infographic demonstrates the different areas within which NICE operate:

Guidelines - evidence based recommendations setting out the care and services suitable for most people with a specific condition or need, or in a particular setting Technology appraisals -

assessing the clinical and costeffectiveness of new technologies to ensure that there is equitable

Interventional procedures assessing whether procedures are safe enough and effective enough for wider use in the NHS Quality standards and metrics are designed to drive and measure improvements in a particular area of care

Quality outcomes framework develop indicators for inclusion in the clinical component of QOF

QUALITY STANDARDS

Work with partners to develop a framework to measure health outcomes and quality of care achieved by CCGs

NICE evidence - online search engine that identifies relevant clinical, public health and social care guidance INFORMATION SERVICES

BNF - NICE provides access to the BNF, BNFC and NPF, which are key resources to ensure patients get the right medications

Medicines and prescribing support - support the adoption of NICE guidance and the use of safe and cost-effective prescribing and medicines optimisation

As a Non Departmental Public Body (NDPB) NICE is accountable to the Department of Health, but operationally independent of government. Their guidance and other recommendations are made by independent committees of experts including patients, carers and service users.

Recent work

- Most common ear infections should not be treated with antibiotics, says NICE https://www.nice.org.uk/guidance/indevelop ment/gid-apg10001
- Patient decision aid Taking tamoxifen to reduce the chance of developing breast cancer https://www.nice.org.uk/guidance/cg164/reso urces/taking-tamoxifen-to-reduce-the-chanceof-developing-breast-cancer-decision-aid-forpremenopausal-women-at-moderatelyincreased-risk-4422436671
- Suspect endometriosis in women with chronic pelvic pain, says NICE. https://www.nice.org.uk/guidance/NG73
- Nivolumab now available for lung cancer after company offers NICE new CDF deal https://www.nice.org.uk/news/article/nivolu mab-now-available-for-lung-cancer-aftercompany-offers-nice-new-cdf-deal