

Trainee conference guide

What is the trainee conference guide?

- If you can't decide which sessions to go to (it might be hard to know which will be the most relevant to you as a junior doctor), we have picked out key sessions that you may find relevant.
- Want to know when all the networking/social events are going on? Look no further.

This guide has been put together by the FMLM Trainee Steering Group (TSG).

What is the TSG?

The FMLM's Trainee Steering Group (TSG) comprises of junior doctors from across the four nations with a keen interest in developing and empowering junior doctors leadership and management skills. As part of our role we:

- Signpost trainees to leadership and management opportunities in their region and nationally
- Publish monthly blogs on leadership topics from members of the TSG and Guest bloggers
- Produced a range of 'How to guides' including: *How to chair a meeting*, *How to be a junior doctor on social media*
- Have developed an online Junior Doctor Toolkit, a four section guide demonstrating the evidence of junior doctor representative groups, case studies and practical aspects to setting up a group at your trust.

Day one

5.30 - 6.30pm

National Chief Medical Officer Panel debate the impact of Brexit

Be sure not to miss the opening keynote of this year's conference, which takes place on Wednesday evening, featuring a chief medical officers panel representing all four nations of the UK, which is open to all delegates.

Day two

8.00 - 8.45am

EN1 - Junior doctor leadership - 'Beginning your journey'

What is leadership all about? Are we as junior doctors leaders? How do we develop our leadership skills? This session will explore an introduction to medical leadership and how you as a junior doctor or medical student can start off on this journey. It will also introduce the TSG and you can meet your regional TSG reps - they can tell you about leadership opportunities in your region.

EN2 - Developing educational leadership

Interested in education? Jacky Hayden (President of the Academy of Medical Educators, FMLM North Region Lead and former Dean of Health Education North West) talks about how medical leaders can use the standards developed by FMLM and other organisations to develop educational leadership.

10.45am - 12.00pm:

A1 - Leadership and management in the undergraduate curriculum

This panel discussion will address how we tackle leadership development of undergraduate trainees. Calling upon the recently published leadership curriculum for undergraduates, this expert panel will answer your questions on this hot topic.

A2 - International leadership in time of crisis

If you are interested in international development and leadership in a time of humanitarian crisis then this one is for you. This session looks at how we respond to medical disasters and the leadership challenges this creates, alongside how responses are planned, the importance of teamwork and adaptability.

#LeadersHealth18 @FMLM_TSG fmlm.ac.uk/trainees

Day two (continued)

1.00 - 2.15pm

B5 - Leadership across generations

This could be an interesting one - run by the former TSG Chair, Jude looks to identify the evidence and dispel some of the myths from popular literature around generational changes and millennial values.

4.30 - 5.00pm

Fellowship Awards

Join us in the main auditorium to celebrate those who have been awarded Fellowship of FMLM in 2018, including many trainees. The ceremony will be followed by a drinks reception.

The social calendar

5 - 7pm | Drinks and canapés | Main hall

Come and network over a drink...

...and meet the TSG

One of the team will be at the FMLM stand between 5-6pm during the drinks reception.

Then....

7pm onwards | Open fringe event | Pitcher & Piano

The Pitcher and Piano is three minutes walk from the ICC. All are welcome!

Day three

8.00 - 9.00am

BR2 - What can you do to develop as a medical leader? Hosted by FMLM

Want to know more about the FMLM? Join us for more information on how FMLM can support you in your leadership development.

10.30 - 11.00am

D1 - Leadership, accountability and regulation in a perfect storm

As a junior doctor we are aware of the recent case involving gross negligent manslaughter - come to hear from some of the leading figures involved in the GMC review. The session will explore issues around accountability and regulation, covering the challenges in this area with a solution-focused approach.

1.00 - 2.00pm

E4 - Being ready for the change that's coming

If you have ever heard Helen Bevan speak you will know this is a session to attend! Never failing to motivate and inspire, this one is set to be no different. Helen Bevan will help us explore some of the latest ideas, tools and approaches from leading practitioners of large scale change around the globe. Reflecting on the practical implications and opportunities for our improvement work in a world where the balance between "old power" (positional power and authority) and "new power" (networks and social movements) is shifting. We will consider how to build our individual and collective capability for leading change and delivering results in this new world.

E5 - Leading disruptive changes in healthcare delivery

For those techies among you - come and learn more about how it is effecting medical education and healthcare. Learn also about the challenges faced by moving into the era of digital health solutions.

Don't forget to visit the FMLM stand

Come to the stand to hear what the Faculty has been doing to support its members and what the future holds for FMLM and medical leadership.

12 - 1pm | Thursday | Meet the TSG at lunchtime

5 - 6pm | Thursday | During the drinks reception

Book your place for these speed coaching drop-ins

Members of the FMLM coaching network will provide speed coaching to delegates where the coach will endeavour to help you explore your thinking and give you a taster of the full coaching experience. Come to the stand to book.

Book your place on an action learning set

Members of the FMLM coaching network will be offering action learning set tasters. These small group sessions help participants work through issues and identify actions they can take to resolve them. Speak to an FMLM team member at the stand to book your place.

If you are interested in learning more about the work of the FMLM TSG or want to get involved, email tsg@fmlm.ac.uk where a member of the TSG will respond.

...we'll see you in Birmingham!

#LeadersHealth18 @FMLM_TSG fmlm.ac.uk/trainees